



Information and Timetable 2024

Our Mission, Vision and Values

To provide professional dance instruction which will enable each student to develop, to the best of their ability and full potential, their skills and appreciation for the Art of Dance in a family friendly, caring, fun, respectful, safe and high quality studio environment.

Contact Details

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General Information

EK Dance Academy specializes in teaching a variety of dance genres for students from age 18months to adult. Please refer to the information below for details of the various styles of dance classes that we offer. Throughout the year we participate in dancing exams using the Commonwealth Society of Teachers of Dancing syllabus and the Royal Academy of Dance Ballet syllabus. We also take part in dancing competitions across Perth. Our school prides itself on its happy, creative and caring atmosphere created by the teachers, students and parents. We are the EK Dance Family.

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2024 Public Holidays

Please note that classes will not be held on Public Holidays

- | | |
|-----------------------|------------|
| • Monday 4th March | Labour Day |
| • Thursday 25th April | Anzac Day |
| • Monday 3rd June | WA Day |

Term Dates 2024

Term 1: 8 weeks	Saturday 3rd February to Thursday 28th March
Term 2: 11 weeks	Saturday 13th April to Thursday 27th June
Term 3: 10 weeks	Saturday 13th July to Thursday 19th September
Term 4: 8 weeks	Saturday 5th October to Saturday 23rd November

SATURDAY

Time	Studio 1	Time	Studio 2	Time	Studio 3	Time	Studio 4
8.30-9.15am	Introduction to RAD Ballet (class A) Age: 4+5 year old \$155	9.00-10.00am	Pre-Junior Jazz and Tap (class A) Age: 6-8 year-old \$170	9.00-9.45am	Creative Dance – Jazz and Tap Age: 3/4 year-old \$155	9.00-9.45am	Tiny Tots Jazz and Tap (class A) Age: 4/5 year-old \$155
9.15-10.00am	Introduction to RAD Ballet (class B) Age: 4+5 year old \$155	10.00-11.00am	Intermediate Jazz (class A) Age: 10-12 year-old \$170	10.00-11.00am	Junior Jazz and Tap (class A) Age: 8-10 year-old \$170	10.00-11.00am	Strength and Conditioning Age: Mixed Competition Students and other students welcome \$170
10.00-10.45am	RAD Ballet – Pre-Primary (class A) Age: Year turning 6+ \$155	11.00-11.45am	Junior Hip Hop / Funk (class A) Age: 5-8 year-old \$155	11.00-12.00pm	Intermediate Tap (class A) Age: 10-12 year-old \$170		
10.45-12.00 noon	RAD Ballet – Grade 2 (class 1 of 2 per week) Age: Year turning 9+ \$211						
12.00-1.15pm	RAD Ballet – Grade 1 (class 1 of 2 per week) Age: Year turning 8+ \$211	12.00-1.00pm	Pre-Senior Contemporary / Lyrical Age: 14-18 year-old \$170	12.00-1.00pm	Junior Contemporary / Lyrical Age: 8-11 year-old \$170		
1.15-2.15pm	RAD Ballet – Primary (class A) Age: Year turning 7+ \$170	1.00-2.00pm	Beginner Acrobatics (class A) Age: Skill based / By Recommendation – see page 11 \$170	1.00-2.00pm	Intermediate Contemporary / Lyrical Age: 11-14 year-old \$170	1.00-1.45pm	Modern Jazz Exam Training \$155 Grade: TBC
2.15-3.30pm	Intermediate / Advanced Pointe Age: By Recommendation \$211	2.00-3.00pm	Intermediate Acrobatics (class A) Age: Skill Based / By Recommendation – see page 11 \$170	2.00-3.00pm	Junior Musical Theatre Age: 6-10 year-old \$170	1.45-2.30pm	Modern Jazz Exam Training \$155 Grade: TBC
3.15-4.30pm	Beginner Pointe Age: By Recommendation \$211	3.00-4.30pm	Advanced Acrobatics Age: Skill based / By Recommendation – see page 11 \$253	3.00-4.00pm	Intermediate Musical Theatre Age: 11 + \$170		

MONDAY

Time	Studio 1	Time	Studio 2	Time	Studio 3
		6.45-7.45am	Pilates Age: Mixed \$15 per class		
		8.00–9.00am	Pilates Age: Mixed \$15 per class		
		9.15-9.45am	Parent and Me (Level 1) Age: 18 months – 2.5years \$90		
		10.00-10.45am	Parent and Me (Level 2) Age: 2.5years – 4years \$155		
4.00-5.30pm	RAD Ballet – Prep 3 (class 1 of 2 per week) Age: 10+ \$253	4.00-5.00pm	Intermediate Jazz (class B) Age: 10-12 year-old \$170	4.00-5.00pm	Junior Boys Hip Hop Age: 5-9 year-old \$170
5.30-7.00pm	RAD Ballet – Grade 5 (class 1 of 3 per week) Age: Year turning 12+ \$253	5.00-6.00pm	Intermediate Tap (class B) Age: 10-12 year-old \$170	5.00-6.00pm	Intermediate Boys Hip Hop Age: 10-16 year-old \$170
7.00-8.00pm	Adult Ballet – Silver Swans RAD Age: Mixed Age \$15 per class	6.00-7.00pm	Senior / Advanced Tap Age: By Invitation – experience required 17+ \$170	6.00-7.00pm	Intermediate Girls Hip Hop Age: 9-11 year-old \$170
8.00-9.00pm	RAD Ballet – Advanced Foundation (class 1 of 3 per week) Age: 16+ \$170	7.00-8.00pm	Advanced Jazz Age: By Invitation – experience required 21+ \$170	7.00-8.00pm	Senior Jazz Age: By Invitation – experience required 17+ \$170
		8.00-9.00pm	Adult Tap Age: Mixed Age / Ability \$15 per class		

TUESDAY

Time	Studio 1	Time	Studio 2	Time	Studio 3	Time	Studio 4
4.00-5.30pm	RAD Ballet – Grade 4 (class 1 of 2 per week) Age: Year turning 11+ \$253	4.00-5.00pm	Junior Jazz and Tap (class B) Age: 8-10 year-old \$170	4.00-5.00pm	Pre-Junior Jazz and Tap (class B) Age: 6-8 year-old \$170		
5.30-7.00pm	RAD Ballet – Advanced Foundation (class 2 of 3 per week) Age: Year turning 16+ \$253	5.00-6.00pm	Pre-Senior Jazz (class A) Age: 12+ year-old \$170	5.00-6.00pm	Beginner Acrobatics (class B) Age: Skill based – see page 11 \$170		
7.00-8.30pm	RAD Ballet – Intermediate (class 1 of 3 per week) Age: Year turning 14+ \$253	6.00-7.00pm	Pre-Senior Tap Age: 12+ year-old \$170	6.00-7.30pm	RAD Ballet – Grade 5 (class 2 of 3 per week) Age: Year turning 12+ \$253		
8.30-9.00pm	Modern Jazz Exam Training Grade: TBC \$90	7.00-8.00pm	Pre-Senior Jazz (class B) Age: 12+ year-old \$170	7.30-9.00pm	RAD Ballet – Grade 6 (class 1 of 3 per week) Age: Year turning 14+ \$253	7.00-8.00pm	Adult Musical Theatre Age: Mixed Age \$15 per class
		8.00-9.00pm	Senior Musical Theatre Age: 15+ \$170				

WEDNESDAY

Time	Studio 1	Time	Studio 2	Time	Studio 3
		6.00-7.00am	Pilates Age: Mixed \$15 per class		
		7.15-8.00am	Pilates Age: Mixed \$15 per class		
		8.15-9.00am	Pilates Age: Mixed \$15 per class		
		9.15-9.45am	Parent and Me (Level 1) Age: 18 months – 2.5years \$90		
		10.00-10.45am	Parent and Me (Level 2) Age: 2.5years – 4years \$155		
4.00-5.00pm	RAD Ballet – Grade 1 Combined (class 2 of 2 per week) Age: Year turning 8+ \$170	4.00-4.45pm	Tiny Tots Jazz and Tap (class B) Age: 4/5 year-old \$155	4.00-5.15pm	RAD Ballet – Grade 2 (class 2 of 2 per week) Age: Year turning 9+ \$211
5.00-6.30pm	RAD Ballet – Prep 3 (class 2 of 2 per week) Age: Year turning 10+ \$253	4.45-5.15pm	Tiny Tots Acrobatics Age: 4/5 year-old \$90	5.15-6.45pm	RAD Ballet – Grade 4 (class 2 of 2 per week) Age: Year turning 11+ \$253
6.30-8.00pm	RAD Ballet – Grade 6, Intermediate and Advanced Foundation combined (class 2 of 3 per week) Age: Year turning 14+ \$253	5.15-6.00pm	Junior Hip Hop / Funk (class B) Age: 5-8 year-old \$155		
		6.00-7.00pm	Senior Contemporary / Lyrical Age: Experience required 18+ \$170		
		7.00-8.00pm	Intermediate Acrobatics (class B) Age: Skill Based / By Recommendation– see page 11 \$170		

THURSDAY

Time	Studio 1	Time	Studio 2	Time	Studio 3
4.00-4.45pm	RAD Ballet – Pre-Primary (class B) Age: Year turning 6+ \$155	4.00-5.00pm	RAD Ballet – Primary (class B) Age: Year turning 7+ \$170	4.00-5.00pm	Progressing Ballet Technique / Conditioning Level 1 and Level 2 Age: Mixed Age \$170
4.45-6.15pm	RAD Ballet – Grade 5 (class 3 of 3 per week) Age: Year turning 12+ \$253	5.00-6.00pm	Pre-Senior Hip Hop Age: 12+ \$170	5.00-6.15pm	RAD Ballet – Grade 1 (class B) Age: Year turning 8+ \$211
6.15-7.45pm	RAD Ballet – Grade 6 (class 3 of 3 per week) Age: Year turning 14+ \$253	6.00-7.00pm	Senior Hip Hop Age: 16+ \$170	6.15-7.45pm	RAD Ballet – Intermediate (class 3 of 3) Age: Year turning 14+ \$253
		7.00-8.00pm	Senior Heels Age: 16+ \$170		

At EK Dance Academy we offer the following Dance Styles:

Jazz: Jazz is a commercial style of dancing that incorporates techniques such as kicks, turns and leaps and is great for developing flexibility and fitness. Often associated with musicals such as Chicago or Fame, jazz is also the style used by pop stars such as Kylie Minogue, Madonna and Britney Spears and often features in pop concerts, opening ceremonies and music videos.

Tap: This style of dance is very enjoyable to learn and focusses on the rhythm that is kept by the noise of the dancer's shoes on the floor. Tap dancing is often seen in movies or in musicals such as Tap Dogs and Aladdin.

Classical Ballet: Ballet is the foundation of all dance technique. Ballet classes focus on building technique, strength, flexibility, alignment and core stability. These classes are recommended for all dancers to provide an understanding of the body and movement, and to build a strong foundation of all dance techniques.

See "Important Information for Ballet" on page 10.

Pointe: Pointe is part of classical ballet technique made possible by the wearing of pointe shoes. This class has a strong focus on building ankle and leg strength. Dancers must participate in a ballet class and be recommended to join pointe. Please consult our ballet teachers before enrolling for this class.

Contemporary / Lyrical: Combines the techniques of jazz, contemporary and ballet. Contemporary / Lyrical is a creative dance form that combines strength and a sense of release. It invites dancers to use their bodies to interpret the music. Choreography usually tells a story or portrays a theme. The "lyrical" side generally refers to the expressive, melodic and highly emotional quality of dance. Dancers gain fluidity of movement, grace and control.

Creative Dance (3-4 years): This class is designed for children aged 3 – 4. It is a creative movement class that is a combination of Jazz, Tap and Ballet. This class focuses on fun and play based learning using props to guide the learning process in development of co-ordination, balance, awareness of body and space, musicality, rhythm and confidence.

Hip Hop / Funk: Hip Hop is a broad category that includes a variety of urban dance styles. Constantly evolving from the earlier styles of breaking, locking and popping, hip hop is a free, funky and soulful expression of movement used by artists such as Usher, Ne-Yo, Chris Brown and Rihanna.

Progressing Ballet Technique: Progressing Ballet Technique (PBT) is a program developed by Marie Walton-Mahon to help students advance in all dance forms by training muscle memory. PBT focuses on core stability, weight placement and alignment. Students require a yoga mat, fit ball, TheraBand, a medium ball and small ball for the class. This class does not participate in our end of year concert

Silver Swans (Adult Ballet): Silver Swans Ballet is for adults which focuses on the same foundations as Classical Ballet but is tailored for more mature bodies. It will help improve mobility, posture, coordination and energy levels.

Acrobatics: With a focus on stretching, strength, conditioning and flexibility, acrobatics will develop core strength as well as teach lifts, tumbling and balancing positions, giving great improvement to the dancer's agility. See "Important Information for Acrobatics" on page 11. The Tiny Tots Acrobatics class does not participate in our end of year concert.

Musical Theatre: This class focuses on development of singing, acting, dancing and movement skills in a variety of musical theatre performing styles. Students will learn and perform songs and scenes from a variety of musicals and Broadway shows.

Pilates: Mat Pilates is a strengthening and lengthening form of exercise that focuses on your core (trunk) muscles while also training your arms and legs. This class does not participate in our end of year concert.

Strength and Conditioning: Strength and Conditioning is the selection and development of dynamic /static exercises used to improve physical performance. It is the practical application of sports science to enhance movement quality. This class does not participate in our end of year concert.

Parent and Me – Level 1 (18 months – 2.5 years): These classes are fun! They have been specifically designed to focus on the key areas of development for children aged 18months – 2.5 years old. Lessons require Mum, Dad or a carer to participate to provide that added security and assist with the settling phase of this tender age group. The wonderful thing about Parent and Me classes is that we are very inclusive. You will find both mums and dads and also grandparents, aunties, and family friends in attendance at class. This class does not participate in our end of year concert.

Our aim is to ease our little budding dancers into a class environment and give them a fun and stress-free experience, whilst also introducing them to some of the core foundations of dance. Our teachers take a nurturing approach and provide lots of direction through parents and carers, as we are mindful that many of these little students are experiencing a structured class environment for the very first time and may still be peaking with stranger awareness.

Parent and Me – Level 2 (2.5 years – 4 years): In this class, parents and carers now take a step back as the children dance independently in the class, although we do invite you to remain in the studio and watch. Whilst it is a progression of the Parent and Me Level 1 programme and builds on the foundations, Level 2 offers a unique and totally different syllabus with new and engaging themes. As the imaginative process has usually started to develop for children of this age, we focus on extending their creativity and providing our little students with opportunities to further explore their own imagination through dance and music. Our primary aim, as always, is to develop the grounding foundations of dance in a fun and engaging way. This class does not participate in our end of year concert.

Enrolments

Thank you to everyone who has returned their 2024 enrolment form to me already. If you have not yet handed your enrolment form back, please do so as soon as possible as this secures your place for the year. You can also enrol using the form on the EK Dance Academy website – www.ekdanceacademy.com. If you are unsure of which class your child should be enrolling in, please do not hesitate to speak with me regarding this. Please read the timetable carefully as there have been some changes to class times for 2024.

Note: Class A / Class B refers to the same class (genre/age) running multiple times during the week. Enrol in 1 class only.

Important Information for Ballet

Please be aware that the Ballet classes are based on ability not age. The suggested ages in the timetable are the minimum age for each class, students can be older than the minimum age. In the first few weeks of Term 1, we will trial all ballet students and allocate them into the correct class levels based on their ability.

- Every student from Grade 1 upwards **must attend all** of their 2 or more ballet classes per week
- Students must be in the correct ballet attire according to their grade
- Students are not permitted to cross grade classes
- Ballet exams will be held in October/ November of each year and exam students will be required to attend extra classes in the lead up to the exams
- Ballet exam students must be available in the October School Holidays to attend the Royal Academy of Dance Spring Grades School and extra EK Dance Studio classes
- Students participating in ballet classes may be needed for extra rehearsals in the lead up to the concert
- Examinations do not determine progression to the next ballet grade, they are an optional extra
- Students from Grade 5 upwards are encouraged to attend either Beginner or Intermediate Pointe
- Student examination participation is by invitation only for candidates who meet examination criteria and level, not by parent request.

Number of classes required per week for each RAD ballet grade:

See Timetable for exact days and times.

- Introduction to Ballet: 1 class per week
- Pre-Primary: 1 class per week
- Primary: 1 class per week
- Grade 1: 2 classes per week - technique and combined class
- Grade 2: 2 classes per week
- Prep 3: 2 classes per week
- Grade 4: 2 classes per week
- Grade 5: 3 classes per week
- Grade 6: 3 classes per week – 2 x technique and 1 x combined class. Must do Beginner Pointe (in flat shoes).
- Intermediate: 3 classes per week and pointe
- Advanced Foundation: 3 classes per week and pointe
- Pointe: 2 or more technique classes per week

Important Information for Acrobatics

The Acrobatic classes are all mixed age and levelled by skill ability. Please see below the minimum requirements for the Intermediate and Advanced Acrobatic classes. Tiny Tots acrobatics is for students age 4 and 5. Beginner Acrobatics is for students with no prior experience age 6+ or who do not meet minimum requirements for the Intermediate class. Existing acrobatic students will be advised which class to enrol in for 2024.

Minimum requirements for Intermediate Acrobatics: Handstand hold (3 seconds), cartwheel (both sides), bridge kickover, front limber or front walkover, bridge recover, roundoff, headstand.

Minimum requirements for Advanced Acrobatics: Skills from intermediate plus back walkover, variations of headstands and handstands, elbow stand, switch leg front and back walkovers, one handed front walkover, leg mount into back walkover, front walkover, either back handspring (with assistance) or side aerial.

NB: The Tiny Tots Acrobatics class do not participate in the concert.

Important Information for Strength and Conditioning Class

- Students are expected to be warmed up prior to the start of class
- All competition students must attend this class in term 1, not to run their dances but to participate in drills to improve the skills in the competition dances and their overall strength.
- Open to all dancers

Waiver

All parents / adult dancers will be required to read and sign a simple waiver upon enrolment which will be kept on file at EK Dance Academy.

Changing Classes

Please note that the age limits on the classes are only an approximate guide and students who wish to move up an age group must be invited to do so by Erin. A class move will depend entirely on the skill and ability, participation and attitude of the individual student and their previous dance experience. Please do not assume a move to the next level will be automatic because of age.

Drop Off / Pick Up / Parking

At our studio we are fortunate to have a dedicated undercover drive-through drop off / pick up area at the front of the studio. Parking is limited so we would be grateful if, wherever possible, parents could utilize the drop off and pick up zone. Please drive slowly (5kms/hour) through our "Kiss and Drop" area. Students will of course be supervised until parents arrive to collect their child. Please do not park on the lawn area as you may damage the reticulation.

Waiting / Homework / Warm-Up Room

At our premises, EK Dance offers a designated room where students can wait between classes. This room can be used for warming up, relaxation or homework and has some books and magazines that the students can access whilst they wait quietly for their class to begin. It is expected that students act in an appropriate manner and are respectful whilst using this space. It is not a play room.

St John Safe Organisation

EK Dance Academy is a fully accredited St John safe organization. With an onsite defibrillator, multiple large first aid kits and first aid training and safety policies that have been signed off by St John Ambulance senior staff, we are proud to be a safe space for everyone to come and learn the art of dance.

Child Safe Organisation

EK Dance Academy prides itself on being a Child Safe Organisation with a child safe portfolio in place. Our role as dance teachers and the influence we have on our students' future, extends far beyond what goes on inside the studios. We are a mentor, counsellor, role model and many other things to our students and have a responsibility to protect our children & inspire the next generation of dancers to be the best they can be. Our student's safety & well-being is a main priority; their technical capability is secondary. We have an obligation to keep our children safe.

Term Fees

Within the first two weeks of each term, I will issue an invoice to the students with the term fees. It would be appreciated if payment could be made as soon as possible but no later than week 3 of each term. If for any reason (including injury, illness or holidays) your child misses a class, no refund or credit will be given, as our fees are charged on a term by term basis. Our prices are worked out across the year which means the term fees do not change depending on the number of weeks each term. The price is the same every term.

All Adult classes are “pay as you come classes” at \$15 each, payable at reception upon arrival each week.

Sibling Discount – Families with 2 or more students attending dance classes concurrently at EK Dance Academy will receive the following discounts:

Second and subsequent siblings attending concurrently: 5% off that student's term fees. Discounts are assigned to the younger sibling/s and apply to term tuition fees only.

Fee Cap – The maximum amount that an individual student will be charged per term will be \$1020. A student can attend as many classes as they want, and you will only pay \$1020 per term.

Payment Options:

Cash: Please place cash and payment advice sheet in an envelope with student's name, amount and class written on the front.

Cheque: Please make cheques payable to “E K Dance Academy” and place in an envelope with payment advice sheet, student's name amount and class written on front.

Direct Transfer: Place your payment advice sheet in an envelope with a note saying “direct transfer”. Please also indicate (in the space provided by your bank) your child's name and what the payment is for (Eg. Jane Snow T1 fees).

EFT Details are as follows:

Bank: Bank of Western Australia Ltd Name: E K Dance Academy
BSB Number: 306-077 Account Number: 0608330

Credit Card: Term fees and EK Dance accessories only – 2% surcharge. This surcharge is what we are charged by the bank.

Concert 2023 “LIGHT UP THE STAGE”

Congratulations and thank you to all EK Dance Academy Dancers for your amazing effort in our 2023 concert entitled “Light Up The Stage”. I have been overwhelmed with the positive feedback from parents, students and other members of the wider community who attended. I am very proud of our collective work in making the

concert such a success. My congratulations and thanks to our team of dedicated teachers who choreographed such enjoyable routines, but more importantly congratulations to our wonderful performer who did such a fantastic job in making the concert such a success.

Concert 2024

Costume Deposit: Payment of a \$50 costume deposit will be requested during Term 2 2024. This deposit along with the concert permission slip gives me the ability to go ahead and order costumes on behalf of the dancer for our end of year concert. The costume deposit will be taken off the final costume account total. Once the costume account is paid in full, the costume becomes the property of the dancer.

Venue and Dates: Below are the details of the proposed dates for our 2024 concert. Please note that these details have not yet been confirmed, and may change as the year progresses. We will be performing two concerts again in 2024, and I will let you know details when they have been confirmed. Anticipated dates are as follows:

Venue: Penrhos College, Rixon Theatre, Throssell Street, Como

Dress Rehearsal: Saturday 16th November 2024

Concerts: Saturday 16th November 2024 and Sunday 17th November 2024

Lead Up To Concert: Below are the details of the extra rehearsal and costume information day in the lead up to the concert.

Dress Parade: Saturday 9th – Thursday 10th November 2024, parents will be invited to come into the studio 10 minutes prior to the end of their child's classes during this week, to learn how each costume needs to be worn.

Presentation Day

There will be no classes the week after the concert, however, our Presentation Day and Break-Up Party will be held the following weekend Saturday 23rd November 2024. The venue, time and other details will be advised at a later date. At the party we will be presenting awards, concert certificates and examination awards. The 2024 concert recording, and the 2025 timetable and enrolment forms will also be given out on that day. The Presentation Day is a great way to wind down our year at EK Dance Academy and to wish our EK Dance family a safe and happy Christmas and Festive Season.

Competitions

In 2024 EK Dance Academy will again, subject to any government restrictions due to Covid-19, be entering students into Onstage Performing Arts Dancing Competitions (in April only) should there be enough interest. These competitions give students a chance to perform in front of an audience at various times throughout the year and also help your children improve as they compete against many other performers in their age group.

Competitions are run in the April, July and September school holidays over both weeks. We plan to take part in the April competitions, and depending on the level of interest, decide on the others. Participation in competitions is not compulsory.

All students have an opportunity to enter, however, please note that rehearsals for the April competition will be held on various days during Term 1 (dates and times will be confirmed early in 2024). Students who wish to take part in competitions must be available at the times specified. No other classes will be scheduled for competition practice, if dates and times do not suit. Competition students must also take part in the Saturday Strength and Conditioning class in term 1.

Students are only permitted to perform a competition in a style of dance that they have experience in. Please let me know if you would like to be involved in competitions and in what styles of dance, by Wednesday 13th December 2023. This will give me a chance to sort out rehearsal schedules and music and plan for developing the choreography for each dance. Competitions can be danced as solos, duos, trios and troupes and cater for many dance styles including Jazz, Tap, Ballet, Neo-Classical, Slow Modern and Song and Dance.

Examinations

EK Dance Academy will be participating in the Commonwealth Society of Teachers of Dancing Exams and the Royal Academy of Dance Ballet Exams in 2024. All exam participants need to be invited by me to take part. Participation in examinations is based on the ability of the dancer. If you wish your child to be considered for an exam, please indicate your interest on the enrolment form and I will provide more information as the year progresses.

Please Note: Students aged 8yrs and upwards will not be permitted to do a Jazz and Tap exam unless they participate in a ballet class, as this is the foundation for all dancing styles.

Injuries or Illness:

Please advise your teacher before class if you have a physical condition that will prevent you from participating fully in class. In the event that an injury, illness or holiday prevents a students from attending class as normal, **no refund, credit or make-up class will be issued.**

Lateness/Absences:

Please ensure that you arrive on time for all classes. Should you be absent from a class, where possible please advise the teacher prior to the day. Following the class, please try and arrange with another student to help you catch up on what you have missed. In the event a student is absent from a class, **no refund, credit or make-up class will be issued.**

EK Dance Attire and Merchandise

EK Dance Academy attire is available at any time throughout the year. The garments which are displayed in the studio reception area include dance pants, leggings, crop tops, jackets, hoodies, track pants, tank tops, t-shirts, shorts, long sleeve shirts, hip hop jackets, ballet crossovers, leotards and ¾ pants and full length dance pants. We also supply accessories such as snuggle booties, dance bags, make up bags, knee pads, foot undies, jazz shoes, tap shoes, ballet shoes, bun nets, bun clips and much more! Please ask reception if you would like to make a purchase, or alternatively visit our website at www.ekdanceacademy.com for more information.

Please note, whilst we are happy to recycle dance shoes in our 2nd hand shoe boxes, we are not able to recycle EK Dance wear. Please do not place your used EK Dancewear in the 2nd hand boxes. All money received on the purchase of 2nd hand shoes, is remitted to the parent of the student who placed the shoes in the box.

Choreography

Choreography taught in classes is the property of EK Dance Academy and is not to be used outside for teaching or performance purposes without permission. Should you wish to use any choreography, please check with Erin first.

Personal Development

To enhance your own development at EK Dance Academy the following is suggested:

- Arrive early to class to go through the previous week's choreography with other dancers, warm-up and stretch.
- Stretch at home every day for 10mins to increase flexibility. You can do this whilst on the phone, watching TV, studying, etc...
- Practice your routines and progressions at home. It is recommended that you practice within 1 day of learning the material so that you don't forget it. Ask your teacher for the song title and artist so you can download it.
- Join the ballet class. Ballet is the basis for virtually all dance and you will notice a huge improvement in your technique if you learn ballet.
- Go to musical and dance performances, watch dance related movies and TV shows – you can learn so much from watching others.
- Listen to the feedback your teacher gives with a positive attitude, ask questions in class for clarification if you don't understand something. We want you to become the best dancer you can be!!

Some Useful Tips

Where possible arrive at class at least 10 minutes early to warm-up, stretch or practice choreography. Be mindful of other classes which may be taking place at the time and please keep voices down.

- Bring a water bottle to every class.
- Don't be shy.... Always ask your teacher for clarification if you are unsure of anything. They are always happy to help.
- Mobile phones in class should not be seen or heard! Give yourself the time to immerse yourself in dance and switch off from the outside world.
- No jewellery – we don't want anything to break or anyone to get injured.
- No fringe in face – wiping hair from face will be a distraction and can be a bad habit.

What to Wear:

Looking the part in dance is vital. You are more likely to dance in a style and feel a style if you are dressed for that style of dance.

Ballet – Uniform and Hair Requirement (Compulsory)

Introduction to Ballet, Pre-Primary and Primary:

- Pink Leotard with Cap Sleeve
- Pink Ballet Socks
- Pink Leather Ballet Shoes (full sole) with Elastic
- Pink Ballet Skirt (with waist band)
- Pink Long-Sleeved Crossover or EK Dance Crossover (optional)
- Hair in a Bun (pins and hairnet, no fringes)

Grade 1 - Grade 2:

- Jacaranda Wide Strap Camisole Leotard
- Jacaranda Waist Elastic
- Convertible Pink Ballet Tights
- Leather Ballet Shoes (full sole) with Elastics
- Black Character Skirt with Purple Ribbons
- Canvas Character Shoe Low Heel with Pink Elastic
- Jacaranda Wrap Ballet Skirt (may be worn to class but not in class)
- Jacaranda Long-Sleeved Crossover or EK Dance Crossover (optional)
- Hair in a bun
- Ballet Hair Kit: Hair nets (slumber nets are best for week-to-week classes as they do not hole as often) or bun 'covers', hair clips, hair ties, sewing needles, pink cotton, small pair of scissors, small hair brush, note book and pen.

Grade 3 - Grade 6:

- Deep Purple Wide Strap Camisole Leotard
- Deep Purple Waist Elastic
- Convertible Pink Ballet Tights
- Leather Ballet Shoes (full sole) with Elastics (ribbons for assessments)
- Black Character Skirt with Purple Ribbons
- Canvas Character Shoe Low Heel with Pink Elastic (Cuban heel Grad 4 upwards)
- Deep Purple Wrap Ballet Skirt (may be worn to class but not in class)
- Black Long-Sleeved Crossover or EK Dance Crossover (optional)
- Hair in a bun
- Ballet Hair Kit: Hair nets (slumber nets are best for week-to-week classes as they do not hole as often) or bun 'covers', hair clips, hair ties, sewing needles, pink cotton, small pair of scissors, small hair brush, note book and pen.

Intermediate Foundation and above: Exams

- Black plain leotard (preferably low backed and thin strapped to show completely the upper back but can be higher if bra is necessary, no lace trims)
- Pink Convertible Ballet Tights
- Pink Leather Ballet Shoes (full sole) with Elastics and ribbons
- Demi-Pointe/Soft Pointe Shoes with Ribbons (compulsory exam students)
- Pointe Shoes (compulsory exam students)
- Wrap Ballet Skirt (may be worn to class but not for class)
- Hair in a Bun
- Ballet Hair Kit: Hair nets (slumber nets are best for week-to-week classes as they do not hole as often) or bun 'covers', hair clips, hair ties, sewing needles, pink cotton, small pair of scissors, small hair brush, note book and pen.

Contemporary / Lyrical

- EK Dance Tank Top or EK Dance Leotard (girls)
- EK Dance Shorts or EK Dance $\frac{3}{4}$ length pants (girls)
- Shorts and T-Shirt (boys)
- Tan Convertible Tights
- Knee Pads
- Foot Undies
- Hair in a Bun

Jazz

- EK Dance tank top, or leotard
- EK Dance Shorts, EK Dance $\frac{3}{4}$ or full length dance pants
- Tan Convertible Tights
- Tan Jazz Shoes (girls)
- Black Jazz Shoes (boys)
- Hair tied back

Tap

- EK Dance tank top or leotard
- EK Dance Shorts, EK Dance $\frac{3}{4}$ or full length dance pants
- Tan Convertible Tights
- Black Tap Shoes
- Hair tied back

Creative Dance / 4/5 year old Jazz and Tap

- Leotard and skirt or tutu
- Shorts and T-Shirt (boys)
- Pink Ballet Shoes with elastics (girls)
- Black Ballet Shoes with elastics (boys)
- Black Tap Shoes or Party Shoes

Parent and Me

Children

- Leotard and skirt or tutu (girls)
- Shorts and T-Shirt (boys)
- Pink Ballet Shoes with elastics (girls)
- Black Ballet Shoes with elastics (boys)

Parents

- Own comfortable fitness clothes
- Comfortable fitness shoes / joggers

Hip Hop

- EK Dance Shorts or EK Dance $\frac{3}{4}$ pants (girls)
- EK Dance crop top, EK Dance tank top or EK (girls)
- Shorts and T-Shirt (boys)
- Dance Hip Hop Jacket
- Black Volleys
- Hair tied back

Acrobatics

- EK Dance crop top or EK Dance tank top (girls)
- EK Dance Shorts or EK Dance $\frac{3}{4}$ leggings (girls)
- Shorts and T-Shirt (boys)
- Bare feet
- Hair tied back

Boys Hip Hop

- Comfortable shirt and bottoms
- Shoes appropriate to the genre of dance

Adult Tap / Silver Swans / Adult Musical Theatre / Pilates

- Own comfortable fitness clothes
- Pink Ballet shoes with elastics

Musical Theatre

- EK Dance crop top or EK Dance tank top
- EK Dance Shorts or EK Dance $\frac{3}{4}$ leggings
- Tan Jazz shoes
- Hair tied back

Dance Shops in the Vicinity:

Studio Scene 352 Marmion St Melville WA 6156 9330 7670	Glitter Lane Shop 1/352 South St O'Connor WA 6163 08 9314 6900	DanceXchange Unit 4/20 Roxby Lane Willetton WA 6155 0417 933 315
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For more information or clarification on any of the above please do not hesitate to contact Erin – erin@ekdanceacademy.com.

**I look forward to a great year of
fun and dance in 2024!!**